

Letter to the Loyal

Philippians 2:12-18

In the sermon we heard this poem. I want to give you a chance to reflect on it yourself.

“The Wrestle”

I found
you
beyond
the ‘why’
Far from
the ‘why not’
Worlds from
the ‘why me’

You held a space for me
beyond answers
to questions
my pain had
as if you knew
information was
never
going
to
heal
or resolve
or fix
my suffering.

Instead,
you agreed to wrestle
through many nights.
Never letting go.
Always with me
just like you promised.

Refusing to surrender,
I eventually realized
That wrestling with God
Was not a crime.
That I was, in fact,
being held.
Being healed.
Being transformed by finding
you beyond answers.
Being blessed
by holding on to you

in my doubt and frustration
and never letting go.

And you never let go.
And you overcame me in the end.
And we both won.

“The Wrestle,” from *The Wrestle* by
David Tensen, pg 34-35.

- After reading this a few times, what kind of response do you feel in your body? What kind of response do you feel in regards to the way you understand faith? How about in the way you understand God?
- If you could talk with David Tensen, the author, what would you say?



Paul writes, “Then you will shine among them like stars in the sky as you hold firmly to the word of life.” Philippians 2:15-16 (NIV)

- What does holding firmly look like for you today?
- Is there anything that you have to let go of to hold firmly to God?
- If you can, take a few moments and respond to God in prayer. Pay attention to what emotions you are feeling and pause to pay attention to if you sense God speaking.